

February 10, 2010



Members of NAVAC and the Cicero Fire Department were honored by the Syracuse Chapter of the American Red Cross at its annual Real Heroes breakfast.

On November 13, 2009 Ann Maria Young collapsed at home and went into full cardiac arrest. Her husband, Carroll Brown, began CPR. A rescue crew from the Cicero Fire Department arrived with an automated external defibrillator and delivered a shock.

Moments later the NAVAC crew of Jim Baxendale, Jim Cullen, and Dale Smith arrived and initiated advanced life support care which included additional defibrillations as well as medications.

Eventually her heart beat and breathing were restored, and she was transported to the hospital. Mrs. Young made a complete recovery, and her cardiologist told her that her recovery was one in 100,000.

